

Report of 2022 Mbaise USA Medical Mission in Mbaise Nigeria

Mbaise USA 2022 Medical Mission Management Crew:

Dr. Adanze Aguwa, Medical Director

Dr. Mrs. Jovita Ikeh Director of Nursing and special assistant to the Medical Director

Dr. Chris Ahaghotu, Chief Pharmacist; Assistant Dr. Oliver Ikeh Chief Pharmacy Officer

Vincent Okoroha Director of Logistics, Assistants - Emma Njoku and John Iheoma

Richard Nwachukwu-Abii, Mission Secretary & Director of Operations

Sir Emeka Okoro, Medical Mission Chairman

The 2022 Mbaise USA Medical Mission was held in the 3 Local Government Areas on the 5th and 6th of January 2022 in the following communities:

Aboh Mbaise LGA - Ibeku Okwuato & Umuanuma Nguru

Ahiazu LGA - Akpim Ekwereazu & Amuzi Ahiara

Ezinihitte LGA - Eziudo & Obokwu Obizi

The community representatives are as follows:

Ibeku Okwuato - Chief Innocent Ekeh, Austin San Antonio, Texas

Umuanuma Nguru - Sabinus Njoku, North Carolina

Akpim Ekwereazu – Sir Festus Okeke, Dallas Texas

Amuzi – Dr. Alex Nneji, Houston Texas

Eziudo – Dr. Polycarp Nero Abii – Washington DC

Obokwu Obizi – Chris Onyegbaduo, Southern California

For ease of coordination and centrality of location, all medications and supplies were distributed to the above communities from St. Bridget's Catholic Church Community Center on January 4th, 2022. Prior to this, Mbaise USA recruited pharmacy technicians who gathered in at City Global Owerri sorted and arranged the medications and supplies equally. For this arrangement, the various community representatives had an easy time collecting their allocations at St. Bridget's. Special thanks to Brother's Brother Foundation of Virginia for their donation of medications and supplies in support of the medical

mission. Their generosity reduced our burden of caring for the enormous crowd and the challenges we faced in the communities with lack of access to proper health care.

It is worthy of note that the 2022 Mbaise USA medical mission has a new partner in caring for the poor masses of Mbaise in Nigeria. They are no other than **Baylor Scott & White Dallas Foundation – Faith in Action**, courtesy of RN Mrs. Mel Igbokwe. Through her efforts, Baylor Scott & White Dallas – Faith in Action donated supplies to Mbaise USA and additionally sent Mbaise USA a check in further support of the 2022 Mbaise USA medical mission and has promised continuing partnership in like manner. We remain grateful to Baylor Scott & White Dallas Foundation – Faith in Action for this help.

The other heroes of the 2022 Mbaise USA are the many volunteers and donors in the Mbaise USA family and their associates. Many answered the request for donation of time and resources without hesitation. Some travelled to Nigeria at their own expense and many others donated generously to support the mission. God will continue to provide for you and your household for supporting good health for the poor and destitute in Mbaise Nigeria. Without your understanding of the health crisis in Nigeria and your efforts in alleviating the problem, some will die untimely, while others will suffer needlessly.

To all We say thank you.



From Left Chief Pharmacist Dr. Chris Ahaghotu, Medical Mission Chairman Sir Emeka Okoro and Obokwu Obizi Community Representative Chris Onyegbaduo at St. Bridget's Catholic Church Medications Distribution Site.



From Left: Chief Pharmacist Dr. Chris Ahaghotu, Medical Mission Chairman Sir Emeka Okoro and Akpim Community Representative Sir Festus Okeke at Medication Distribution Site.



2022 Medical Mission Chairman Sir Emeka Okoro and Assistant Logistics Director Mazi John Iheoma

(back to Camera) at Medications and Supplies Distribution Site. St. Bridget's Catholic Church



More pictures from the Distribution Site. Mbaise USA Mission Management team and Community Representatives. From left to right — Chris Onyegbaduo of Obokwu Obizi; Dr. Alex Nneji of Amuzi; Dr. Christian Ahaghotu Chief Pharmacist; Sir Emeka Okoro Medical Mission Chairman; Sir Festus Okeke of Akpim; Richard Nwachukwu-Abii Mission Secretary and Director of Operations; Hon Vincent Okoroha Director of Logistics; Zachary Keke Akpim Community Representative; Hon Emma Njoku Assistant Director of Logistics; Hon John Iheoma Assistant Director of logistics.



From left: Chief Pharmacist Dr. Chris Ahaghotu, Sir Festus Okeke of Akpim Ekwereazu; Director of Logistics Hon Vincent Okoroha and Zachary Keke Akpim Ekwereazu Community Representative at St. Bridget's Catholic Church Community Center for Medications, Equipment and supplies distribution.



Medical Mission Chairman, Sir Emeka Okoro and Dr. Mrs. Jovita Ikeh, Director of Nursing and Special Assistant to The Medical Director, at the Nurses' Orientation St. Bridget's Catholic Church Hall.

The planning of the mission was intense and detailed spanning many months culminating in the new ways Mbaise USA medical missions will be run moving forward. Following the commitment of community representatives and their trust in the process, a lot of past medical mission excess were drastically reduced. The 2022 Mbaise USA Medical mission was run with minimal hotel rooms, less feeding cost, and low transportation expenditure. This is the new normal for Mbaise USA Medical Missions.

The reports from some of the host communities:

From Ibeku Okwuato

Dear Brother/ Mbaise USA mini medical mission team. As I promised a few days ago, we have been able to meet for the report. Please pardon us for the late report since the completion of the mission in January 2022.

The overall assessment is: The mini medical mission was a total success in Ibeku.

Both eyewitnesses and written accounts corroborate this. We are pleased and thank Mbaise USA on its efforts in union with Ibeku community in USA, and at home to make the outing one to be remembered by the recipients for a long time.

Following is the statistics arising from the mission:

577 patients were attended to, not including children brought along by their mothers.

There were 8 Medical Doctors

4 Pharmacists,

6 Pharmacy Technicians,

over 10 qualified and currently practicing nurses.

Cases attended included:

acute enteritis, chronic Hypertension, Diabetes mellitus, COPD, Asthma, Osteoarthritis, CHF, Anemia, malnutrition, Respiratory tract infection, Fever, visual problems, STDs, Breast cancer, malaria, esophageal reflux disease, diarrhea.

Patients received health education on how to follow up either with their primary doctors for those who have or with hospitals/ health centers as the cases may be. Medications and medical supplies were adequately provided, though supplemented by our able handlers. Ibeku has a built up and professionally staffed health center.

Again, on behalf of our Ibeku people, we thank you for granting us the opportunity to serve humanity.



2022 Mbaise USA Medical Mission at Ibeku Okwuato



Pharmacy Section at Ibeku Okwuato Health Center during the 2022 Mbaise USA Medical Mission



Some patients at Ibeku Okwuato Health Center waiting during the 2022 Mbaise USA Medical Mission

Eziudo Ezinihitte:

Date: January 5th and 6th 2022

Patients seen: About 560 (Diabetes, Malaria, Worms, Hypertension, Eyecare, dispensing of eye glasses,

general/public health education)

Lead/Recruiting Physician: Dr. Iroemeh Chukwuemeka C. and 5 others

Lead Pharmacist: Okenwa Ifeanyi S. and 2 others

Lead Optometrist: Dr. Olachi Anyanwu and 3 others

Lead Nurse: RN Amaka Nwaiwu and 11 others, including the Matron of Nkwo Eziudo Health Center

4 Auxiliary Nurses (Health Center Nurses)

5 Logistics/Coordinators Persons

7 youth volunteers for crowd control

Ladies and gentlemen, brothers and sisters, the medical mission went on relatively well in Eziudo and about 99% of the patients had their prescriptions filed for common medical ailments (Malaria, worms, high blood pressure, diabetes, allergies, pain, wound care, etc.) Similarly, those that needed eye medications and reading glasses had their needs satisfied. The reading glasses are still being given out to all who need them, subject to availability.

Please know that the patients thanked and prayed for all the donors and volunteers for the medical care they received.



An Optometrist examines a patient's eye at Eziudo Health Center during the 2022 Mbaise USA Medical Mission.



Some of the patients at Nkwo Eziudo Health Center waiting to be called.



Doctors waiting for patients at Nkwo Eziudo Health Center



One of the youth volunteers Chiboy Ubani at Nkwo Eziudo Health Center



Patients waiting to be seen by doctors at Nkwo Eziudo Health Center



Orderly process at Nkwo Eziudo Health Center

Obokwu-Obizi:

Report of 2022 Mbaise USA Medical Mission held at Eke Obokwu on January 5th and 6th 2022.

Highlights:

- 1. Obokwu sons and daughters in diaspora, Obizi Community in USA, their friends and well wishes donated \$6,800 to support the medical mission and to supplement Mbaise USA efforts.
- 2. The community provided security.
- 3. The organizers used a sequential numbering system to help with crowd control.
- 4. Using the funds from our supporters, the organizers purchased 600 doses of malaria medications, 600 doses of deworming medications, 4 digital thermometers, 4 glucometers and 6 blood pressure monitors.
- 5. The organizers rented a bus and a car for two days to transport volunteers from FMC Owerri The Volunteers included:
- 9 Medical Doctors, 25 Registered Nurses, I Nurse Practitioner, 4 Optometrists, 4 Logistics personnel January 4th, 2022.

The organizers picked up all medications, equipment, and other supplies from Mbaise USA at St. Bridget's catholic Church, Eke Ahiara.

Day 1- January 5th, 2022 - 6am volunteers started giving out numbers to patients.

8am medical mission started with songs and prayers.

11am-12pm Working Lunch.

4pm first day ends.

Approximately 550 patients served.

4:30pm meeting with medical director. We ordered more blood pressure medications, and more eye drops and eye medications.

Day 2 - January 6th, 2022.

5am crowd gathering at mission site.

7am Volunteers started giving out numbers

8am medical mission started with songs and prayers.

11am-12pm working lunch.

5pm medical mission ended. Approximately 600 patients were served on day 2

Note:

1. There were a few people with issues that could not be treated due to the limited scope of this medical mission.

Yours in Service!

Chris N. Onyegbaduo



Crowd of patients at Obokwu Obizi Community Center



Cross section of more patients at Obokwu Obizi waiting to be attended to.



Pharmacy section at Obokwu Obizi Medical Mission



Nurses attending to some patients at Obokwu Obizi



Chief Paul Nwakudu, Volunteer/Community Liaison from Atlanta Georgia and Nurse attending to patients at Obokwu Obizi Medical Mission Center.

AMUZI AHIARA REPORT MBAISE USA MEDICAL MISSION JANUARY 5TH & 6TH, 2022.

Amuzi Town came prepared with:

- 9 Medical Doctors
- 2 Pharmacists
- 5 Pharmacy Technicians
- 17 Nurses
- 3 Optometrists
- 11 Logistics staff

DAY 1 - January 5th 2022

The Medical Mission started around 10:00am after opening prayers. Welcome message was by Mr. Dozie Onwuliri (President, Amuzi USA)

The crowd was overwhelming, but well controlled by the logistics staff. Day 1 ended by 6:00pm

DAY 2 – January 6th 2022

Started around 9:00am

All the Doctors were picked and dropped off at one central location (FMC Owerri).

We were completely out of the following medications:

Amoxicillin

Hydrochlorothiazide

Amlodipin 10mg

We had 2 patients that were referred to specialists in Owerri. One of those patients had an eye surgery on Saturday 5th of January 2022 and it was successful. Day 2 ended around 7:00pm

DAY 3 January 7th 2022

Only the Pharmacy Department was available to hand out medications to patients. It started 8:00am through 12:00pm.

Attached are pictures from the event.

God bless you all.

Dr. Alex Nneji



Nurses waiting for patients at Amuzi Ahiara during the 2022 Mbaise USA Medical Mission



Some patients waiting to be attended to at Amuzi



More patients at Amuzi Ahiara during the 2022 Mbaise USA Medical Mission



Nurses attending to patients at Amuzi



From Left: Hon Emma Njoku- Assisting Director of Logistics; Hon Dozie Onwuliri of Atlanta Georgia and member of Amuzi Community; Hon John Iheoma- Assisting Director of Logistics. Venue: 2022 Mbaise USA Medical Mission at Amuzi Ahiara.



Pharmacy Section at 2022 Mbaise USA Medical Mission at Amuzi Ahiara

REPORT OF AKPIM MEDICAL OUTREACH BY MBAISE USA MEDICAL MISSION

Dear Brothers and Sisters of Akpim in Diaspora,

I bring you Trinitarian greetings from the Community.

I sincerely thank you for the efforts and resources put in place, to attract the Mbaise

Medical Mission Outreach to Akpim community, on 5-6th of January 2022. Only God

shall reward you people for thinking home-front and for the wellbeing of our people.

I therefore close-up the project by rendering to you here, the details of the financial

income and expenses of the project as attached in this letter. I feel bold to report to you

that the exercise was a huge success and that surge of our people with varying medical

challenges was tremendous' additional drugs were bought to augment the ones supplied by the Mission

Organizers and were efficiently dispensed to our people.

We also extend our gratitude to the initiators of the Mbaise Medical Mission USA and promise to do it better the next time, as we are profoundly expecting the next Medical Mission visitation to Akpim Community.

My beloved brothers and sisters, I, on behalf of Akpim community, can't thank you enough for this well-cherished gesture to improve the health status of our people.

May you all be richly blessed.

Many thanks.

Ibe, Colman Chikwem (KSM)

APU President-General.

REPORT OF MBAISE USA MEDICAL MISSION AT AKPIM COMMUNITY HEALTH CENTRE
ON JANUARY, 5-6th 2022

FORMATION OF AKPIM USA MBAISE MEDICAL MISSION COMMITTEE

Akpim community leadership in liaison with our brothers and sisters in diaspora constituted a committee to plan and execute the Medical Mission programs in our community. This was done following the information that Akpim community was approved for the Mbaise USA Medical Mission for January 2022. The committee met severally to study the logistics for efficient delivery of the Mission regarding the infrastructure and other facilities at the health center, and the health personnel requirement.

A budget was prepared to the tune of three Million naira, though the expenses exceeded the budget, and fund was raised from Akpim sons and daughters in Diaspora to execute the program in Akpim.

The committee recruited volunteer nurses, medical Doctors and pharmacists and their names and practice licenses sent to Mbaise USA Medical Mission managers for proper accreditation and approval; and the list of approved nurses and other medical personnel was returned to us for engagement.

Through the funds raised by Akpim in Diaspora, the community Health Center was given a facelift, the borehole was repaired, and water reticulated to the toilets, electrical wiring of the health was accomplished, additional toiletry facilities were constructed and provided for use, and the health center environment was made more habitable to

admiration of all.

Also from the funds, canopies, tables, and chairs were hired to provide sitting comfort to the numerous healthcare needs, water, breakfast/tea and lunch were provided to the participants, drugs were bought to augment supplies from Mbaise USA Medical Mission, and honorarium paid to the nurses, doctors, pharmacists, and security personnel.

The implementation of the medical mission program started on January 4th, 2022, at St.

Bridget's Catholic Church Community Center Nnarambia Ahiara, with orientation training for the nurses and village heads to underscore the importance attached to the program by the organizers. Akpim community participants, including Sir Festus Okeke, Prof John Nwoko, Mrs. Ugoeri

Opara and Sir Colman C. Ibe, President-General of Akpim Community, were all there to listen and learn the ideals of the initiators of the program. The consignment of drugs and medical eyeglasses were to the various communities and collected by the various team leaders of each community benefitting from the 2022 medical mission.

Our community leaders through the church and mobile town announcement mobilized our people to participate in the program that as early as 6.30 am of 5th January 2022, our health center was full of people and numbers with which to consult doctors were efficiently issued to the patients. The nurses and doctor arrived at 9.30 am and consultation started about 10am after the preliminary evaluation by the nurses.

There were medical talks by the team leader doctor and head nurse on the best use of drugs for ill health treatment, hygiene practices, nutritional health, blood pressure and diabetics management among others.

By the end of the second day, over four hundred patients with varying health challenges were attended to and drugs dispensed to them by the Pharmacists.

The eye doctors were busy all the two days and about sixty-seven different shapes and forms of eyeglasses were given to people with eye defects, and with assorted eye drops.

PROBLEMS

Just like all human endeavors go with their peculiar problems, the problem of crowd control was there despite effort and control. There was a complete lack of malaria drug supply to us, and malaria is common sickness in our environment, though the community effort was handy to cover up this. Some of the drugs supplied to us were expired, maybe resulting from long storage before shipping them home and for fear of health implications, the observed expired drug was not dispensed. There was no proper guideline for the honorarium for the volunteer doctors, nurses, and pharmacists; so, the community was left to negotiate that with the volunteer professionals. As a result, human element stepped in, and we had no choice than to make them happy, having worked for us for two days. Equally, some cases were beyond the capacity of the mission. We do understand that the Medical Mission was not intended to address major sickness. However, we hope that referral provisions can be made to follow up with patients whose conditions cannot be addressed by the Medical Mission. For instance, an infant with serious sight issues was brought to the Medical Mission by the mother. The infant was presented before the Chairman of the medical mission when he visited our program site. We are grateful and encouraged by his presence. We employ the goodwill of Mbaise USA Medical Mission and its members for information or assistance on how this infant can be helped with her eyesight problems.

RECOMMENDATION

Drugs expiration dates must be properly considered before purchase in line with the time of execution of the medical mission here in Mbaise. It would save us the cost of drugs and transport on the drugs that would not be used. Drugs for the treatment of the most common diseases in our local areas should be given

preference during purchase of or soliciting for drugs.

Honorarium for the participating volunteer doctors, nurses, pharmacists, and other

medical personnel should be standardized and defined such that any benefiting community can anticipate what to pay out and the participating personnel has knowledge of what to expect from the community.

APPRECIATION

Akpim community is ever grateful for this well cherished gesture to improve on the health status of our people. The mood of our people can be measured from the crowd that participated in the program at Akpim health center, our joy knows no bounds. The neighboring communities, Umuevu, Umuokeawa Ogbe, Aguneze and Obowo benefitted from the medical mission at Akpim and are singing the praise of your effort and thoughtfulness in gratitude.

We conclude this report with an appeal to be considered in the next schedule. Our people are already asking for your next visit. We also express the Akpim community's readiness to host the medical mission for the good of our people.

Thank you.

Ibe, Colman Chikwem (KSM), Akpim Progressive Union President-General



An Optometrist attending to an eyecare patient at Akpim Ekwereazu



Pharmacy Section at Akpim Ekwereazu



Nurses attending to patients at Akpim Ekwereazu



Nurses examining patients at Akpim Ekwereazu Health Center





A one-year-old girl blind from birth. Her Parents brought her to Akpim Ekwereazu for evaluation.



 2^{nd} from left -2022 Medical Mission Chairman Sir Emeka Okoro standing 3^{rd} from left Dr. Oliver Ikeh Assistant Chief Pharmacist standing next to Sir Festus Okeke at Akpim Ekwereazu.



Patients at the Venue of the 2022 Mbaise USA Medical Mission at Umuanuma Nguru



A doctor attending to a patient at Umuanuma Nguru



Some Eyecare Patients waiting to be seen at Umuanuma Nguru



Dr. Oliver Ikeh Assistant Chief Pharmacy Officer (in dark shirt) & 2022 Mbaise USA Medical Mission Chairman Sir Emeka Okoro in Umuanuma Nguru pharmacy section.



More Pictures from Umuanuma Nguru

2022 Mbaise USA Medical Mission Expense Account

Income 19,700.00 plus 6,469.00 \$26,169.00

Expenditure:

Medication from MAP International

\$6890.72 + \$523.45 = \$7414.17

Shipping Costs within US:

Emeka Okoro \$1,137.45

Richard Abii \$224.53

Engr. Clement Nwamadi \$368.75

Pickup, Shipping & Clearing Cost of medications and supplies to Nigeria \$6350.00

NAFDAC Letter \$120.00

Storage rental in Maryland Since 2019 \$3269.00

Hall Rental @ St Bridget's Catholic Church for orientation and distribution of medications \$100.00

Entertainment at Orientation \$250.00

Stipends to Nurses and Pharm techs. \$550.00

Transportation from Owerri to Mbaise (and within Owerri) \$700.00

Hotel Accommodation & amp; Feeding \$2,600.00

Hand Luggage from America:

Richard Abii \$1000.00

Dr. Kelechi Akpunku \$400.00

Emeka Okoro \$675.00

T-Shirts for Mission Volunteers \$

Cost for 2nd Pick up medications & Samp; supplies at Storage \$950.00

300 Certificate of recognition: @\$1.50 \$450.00

Ghana must go bags and tapes & amp; Misc. \$105.00. Total = \$26663.90

